



# The —Black —Crack —Report



The addiction you don't want to fight

Issue 14, March 2010

## Upcoming Events

### Our Next 2 Events :

- VIR Full Course      March 15<sup>th</sup> & 16<sup>th</sup>, 2010      Only 1 week away !!!
- Putnam Park      April 3<sup>rd</sup>, 2010      Only 4 weeks away !!

Registration for both events is open at [www.1010thsmotorsports.com](http://www.1010thsmotorsports.com)



## Getting Ready for the 2010 Track Season

Some of you have been lucky enough to have already got some track time, but the rest of us are just getting ready to get started. It has been a long, snowy winter and the track fever is beginning to build, as has the trash talking amongst many of the 10/10ths group, all in good fun.

Good preparation and planning can really increase the probability that you will have a great time at the track and that is what it is all about.

Take some time now to get ready !!

### ▪ **Get The Car Ready**

- Check out the December 2009 10/10ths Newsletter for a very good, detailed description of what you should be doing to get your car ready.
- In short, you should be checking the following, at a minimum:
  - Change all fluids and flush the major components such as brake lines etc.
  - Brakes and rotors
  - Hoses / belts
  - Tires
  - Wheels and Wheel Studs
  - Seatbelts / harness systems
  - Windows
  - Racers, take out the winter anti-freeze and replace it with water

### ▪ **Get Yourself Ready**

- Plan your track days as far ahead as possible. It will reduce your stress and give you something to look forward to.
- For Racers, get your required physical / eye tests as soon as possible to get it out of the way.
- If you will be new to a track, go on-line and check out the facility and the track.
- Leave your ego at home; it will do you no good at the track.
- Drive within your limit. Do NOT drive in a manner or let an instructor ask you to something you are not comfortable with.
- Be prepared to PAY ATTENTION in the drivers meeting, to your instructor and when on the track.



# The —Black —Crack —Report



The addiction you don't want to fight

## ▪ **Get All Your “Stuff” Ready**

- Get all your stuff ready in advance so you don't forget anything. Make a checklist if you have to. Nothing like showing up at the track only to find that you are missing something important.

### ▪ **Personal Items**

- Cash
- Credit Card
- Medicine (make certain medicines do not impair your driving)
- Sun Glasses
- Sun Screen
- Spare Keys (If you tow your car, make sure you have the keys for it !!)
- Hat
- Folding Chair(s) Invite a new friend to sit and chat !!!
- Cooler
- Rain Gear
- Plastic Tarp
- Basic First Aid Kit
- Cell Phone
- Camera / Video Camera
- DC to AC Inverter (for charging your camera batteries)
- Work / Driving Gloves
- Notebook and Pen
- Business Cards

### ▪ **Car Maintenance**

- Basic Tool box
- Torque Wrench
- Oil (2-3 quarts)
- Brake Fluid
- Windex
- Paper Towels
- Car Cleaning Towels
- Extra set of brake pads
- Extra set of rotors or 2
- You should start with pads having at least 70% material left
- Painters Tape (Paint & Headlight Protection)
- Wheel chocks (To stop your car from rolling - remember, DO NOT set the parking brake)
- Air Pressure Gauge
- Jumper Cables
- Rubber Mallet
- Flashlight
- Gallon Jug of water (cleaning etc.)



# The —Black —Crack —Report



The addiction you don't want to fight

## 10 / 10ths Motorsports" Important Tips

***If you are new to high performance driving, there are a few very important tips to remember when at the track:***

- When coming in from a session, ***DO NOT*** set your parking brake. The rotors and pads need to cool down. Doing so could damage your rotors.
- A day or two of performance track driving can easily consume a set of brake pads. You should start each day with a minimum of 70 % brake pad left and check them after each day. Know the warning signs such as brake fade etc. and come into the pits immediately to check. If something feels wrong, it probably is.
- Brake fluid can play a major role in the performance of your car. Be aware that any air in the braking system can cause serious brake fade. It is a good idea to have your brakes bled prior to an event.
- As you progress in your skills and place more demands on your brakes / fluids, you may want to upgrade to a performance type brake fluid to avoid boiling. Boiling your brake fluid will mean no stopping.
- High performance driving will dramatically heat up your tires. If you are new to this sport, learn to check your cold and hot tire pressures to avoid "over pressurizing" your tires. If you have any questions, any experienced driver in the paddock will be more than willing to assist you.
- ***ALWAYS*** check your lug nut torque in the morning and set to manufacturer recommendations.
- Check your engine fluid levels at the beginning of each day.
- Read your owners manual to see if it discusses racing. Some cars need to have an extra quart of oil added for track days.
- ***Remove ALL loose items from your car before starting the day***
- A hard day of driving can take it's toll on you. Stay hydrated and if you get fatigued near the end of the day "Red Eye", do not go out. This sport requires a very alert driver who can fully concentrate on the tasks at hand.



# The —Black —Crack —Report



The addiction you don't want to fight

*Some Driving Techniques you will need to learn when beginning this sport.*

*It is essential that you get the basics down and that you maintain consistency in these areas. Many new drivers begin picking up speed and then begin getting sloppy. If you don't master the basics, you will have a very hard time in getting much faster.*

1. **Learn the Paddock and Hot Pit Traffic Flow**

- Know where to enter and exit the track.
- Ask about the "Blend Line"
- Know where the exit is off the track. Some tracks can fool you.

2. **Know where each and every Flag Station is located.**

- These folks are definitely your friend.

3. **Know what each and every flag means and how to react to it.**

4. **Keep your Eyes Up**

- The further you look ahead, the easier it is to make decisions on turn-ins etc. If you are just looking down the hood, the spot you are looking for will be long gone by the time you see it when driving at speed.

5. **Proper Hand Position, Avoid "Shuffling"**

- Typical hand placement at the 3 & 9 positions. Your instructor will determine what is best.
- Your hands should stay there except for only the sharpest turns.

6. **Smooth input on brake and throttle.**

- You need to be quick, but smooth
- "Stabbing" the pedals will upset the car, smooth = fast

7. **Straight Line Braking**

- As a novice, you should be getting your braking and shifting done while going straight, before your turn in. It is much safer when learning.
  - Trail Braking is a technique you will learn later.
  - Should finish your braking just as you turn in to keep the weight of the car on the front tires.

8. **Learning the proper line.**

- The correct Apex is essential
- Learn your brake and turn in points
- Get it right consistently. You should be more concerned about this than your speed when starting out.
- SLOW IN, FAST OUT !!



# The —Black —Crack —Report



The addiction you don't want to fight

## Easy Huh??

These are basic skills that you will continue to improve on for years to come. There are many other skills to learn but you have to start with the basics.

\*\*\*\*\*

Also:

Leave your ego at home. You WILL NOT be the fastest car there, no matter how good you may or may not be.

- *Don't worry about how fast you are going. You MUST learn how to drive smoothly and consistently or you will never be "fast". The speed will come all by itself later.*
- *Listen and learn from other drivers. Most are very willing to share their experience.*
- *Listen closely to your instructors; there is a great deal they can teach you.*
- *This sport requires patience. Seat Time is how you learn and it takes lots of it. Two things to remember:*
  - *It is possible to eat an entire cow, just not at one time.*
  - *It is possible to become a very good high performance driver, just not at one event.*

## 10/10ths 2010 Schedule

This is our current 2010 schedule. I hope to see you at the track soon.

- |   |  |                     |
|---|--|---------------------|
| • <u>Virginia International Raceway</u> | <u>March 15<sup>th</sup> &amp; 16<sup>th</sup></u> | <u>(Mon / Tues)</u> |
| • <u>Putnam Park</u>                    | <u>April 3<sup>rd</sup></u>                        | <u>(Saturday)</u>   |
| • <u>Putnam Park</u>                    | <u>May 8<sup>th</sup> &amp; 9<sup>th</sup></u>     | <u>(Sat / Sun)</u>  |
| • <u>Autobahn</u>                       | <u>June 19<sup>th</sup> &amp; 20<sup>th</sup></u>  | <u>(Sat / Sun)</u>  |
| • <u>Putnam Park</u>                    | <u>Aug 28<sup>th</sup> &amp; 29<sup>th</sup></u>   | <u>(Sat / Sun)</u>  |
| • <u>Putnam Park</u>                    | <u>Oct 23<sup>rd</sup> &amp; 24<sup>th</sup></u>   | <u>(Sat / Sun)</u>  |

We are able to get started much earlier this year than in 09 and I am hoping for the same perfect weather we had at all our events last year. I have not given up on Mid-Ohio and will still be working on an event there.

Registration is OPEN for all these events on the 10/10ths webpage at:

[http://www.1010thsmotorsports.com/2010\\_Schedules.html](http://www.1010thsmotorsports.com/2010_Schedules.html)

We will be running the same 3 group format with:

- Novice
- Intermediate





# The —Black —Crack —Report



The addiction you don't want to fight

## Check Out the New 10/10ths Hat



The new 10/10ths Hat is in stock and available. This one size fits all hat is made with some great stitching and simply looks fantastic. You can find it on the 10/10ths website along with our cool T-Shirts.



## 2010 10/10ths Alumni Program

I have extended the deadline to sign up as a 10/10ths Alumni. It is a great way to save a few \$\$ if you plan to do two or more events or even a single 2 day event by receiving 10% off all registration fees. You can register as a 10/10ths Alumni at: .

[http://www.1010thsmotorsports.com/2009\\_Savings.html](http://www.1010thsmotorsports.com/2009_Savings.html) Available until March 14<sup>th</sup>, 2010

## You Can Help 10/10ths Motorsports !

I hope you enjoy the monthly 10/10ths Motorsports Newsletter. Please feel free to forward this to any of your friends and point them to the 10/10ths Motorsports website. I believe word of mouth advertising is the best route to introduce both new drivers and experienced drivers to the 10/10ths Motorsports events. For those that have come out to the events, Thank You Very Much and I look forward to seeing you again.



# The —Black —Crack —Report



The addiction you don't want to fight

Please Visit our Great Sponsors



## FORGELINE

<http://www.forgeline.com>

Take a look at the great Forgeline Wheels on the 10/10ths Race Car at our next event.



<http://www.hawkperformance.com>



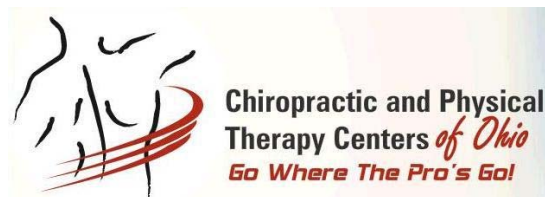
<http://www.performanceracingonline.com/>



<http://www.jrookmotorsports.com/index.html>



<http://www.usracegear.com>



<http://www.chiroohio.com/>